HOPPIN JOHN

Serves 6-8

Ingredients Amount Sausage, breakfast bulk 1 pound Celery, small dice 2 ribs Onion, green, diced 1 bunch Pepper, red bell, diced 1 each Worcestershire 1 tablespoon Chicken Stock 2 cups Rice, white 1 cup

Black eyed peas, drained and rinsed 1 - 15 ounce can

Method:

- ~ Cook sausage, crumbling as you cook, drain off any excess fat
- ~ Saute celery, onions, and red bell pepper in pan with sausage until soft
- ~ Add Worcestershire, chicken stock and bring to a boil
- ~ Add rice & beans, stir, cover and simmer until rice is done about 20 minutes



Recipes by Chef Nancy Russman © 2008





